



Alcohol and emotional health

Curriculum links



England:

KS2 / PSHE / Health and Wellbeing:

Pupils should have the opportunity to learn:

- which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety, that some are legal, some are restricted and some are illegal to own, use and supply to others

Scotland:

Second / Health and Wellbeing / Substance Misuse:

- I understand the effect that a range of substances including tobacco and alcohol can have on the body.
- I know that alcohol and drugs can affect people's ability to make decisions.
- I can identify the different kinds of risks associated with the use and misuse of a range of substances.

Second / Health and Wellbeing / Mental, emotional, social and physical wellbeing:

- I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave

Second / Literacy / Writing / Organising and using information:

- By considering the type of text I am creating, I can select ideas and relevant information, organise these in an appropriate way for my purpose and use suitable vocabulary for my audience

Wales:

KS2 / Personal and Social Education / Health and Emotional Wellbeing:

Learners should understand:

- the harmful effects, both to themselves and others, of tobacco, alcohol and other legal and illegal substances
- the importance of personal safety
- what to do or to whom to go when feeling unsafe

KS2 / Personal and Social Education / Moral and spiritual development:

Learners should understand:

- that personal actions have consequences

KS2 / Personal and Social Education / Working with others:

Learners should be given opportunities to:

- resist unwanted peer pressure and behaviour
- manage different emotions and develop strategies to resolve conflict and deal with bullying
- ask for personal support and advice

KS2 / English / Writing:

Pupils should be given opportunities to develop their writing skills through:

- writing for a range of purposes, e.g. to entertain, report, inform, instruct, explain, persuade, recount, describe, imagine and to generate ideas
- writing for a range of real or imagined audiences



Northern Ireland:

KS2 / Personal Development and Mutual Understanding / Strand 1: Personal Understanding and Health / Health, Growth and Change:

Learning to:

- Know where, when and how to seek help
- Develop a proactive and responsible approach to safety

KS2 / Personal Development and Mutual Understanding / Strand 1: Personal Understanding and Health / Safety:

Learning to:

- Develop strategies to resist unwanted peer/sibling pressure and behaviour

KS2 / Personal Development and Mutual Understand / Strand Two: Mutual Understanding in the Local and Wider Community / Relationships:

Learning to:

- Explore and examine what influences our views, feelings and behaviours

KS2 / Language and Literacy / Talking and Listening:

Pupils should be enabled to:

- share, respond to and evaluate ideas, arguments and points of view and use evidence or reason to justify opinions, actions or proposals

KS2 / Language and Literacy / Writing:

Pupils should be enabled to:

- write for a variety of purposes and audiences, selecting, planning and using appropriate style and form